



CITY OF VIRGINIA BEACH
**Police
Department**

VIRGINIA LAWFIT FITNESS LEADERSHIP PROGRAM

2 Day Course

The official LawFit
Certification course
With Dr. David L. Bever

DATES:

April 13-14, 2026

LOCATION:

**Virginia Beach
Training Academy**

411 Integrity Way, Virginia Beach, VA

POC:

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Registration information within email.
Questions? Email dbever@lawfit.org

