**LawFit Fitness Leadership Workshop Registration Form**

\*Please fill out form completely and return by registration deadline (10 May 2016).

**EVENT INFORMATION**

**Location: Roanoke Police Academy --- Roanoke, VA**

**Dates: Tuesday-Thursday: 17 May – 19 May (8:00am-5:00pm daily)**

**Registration Deadline: 10 May 2016**

**Registration Fee: $400.00 per person; 2 or more from the same agency $300.00 per person**

**Checks made payable to:**  **LAWFIT** (Credit Card Transactions cannot be processed.)

**APPLICANT INFORMATION**

\*Please print clearly

Participant’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Gender M F

Agency Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Agency Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Work #: Cell #: E-mail:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Do you require special accommodations under provision of the Americans with Disabilities Act? Y N

If yes, please state the nature of the accommodation required:

**EXPRESSED ASSUMPTION OF RISK**

I authorize that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is fit for full duty as a law enforcement officer and is physically able to participate in the LawFit Fitness Leadership Workshop. I further recognize that the workshop’s physical activities including, but not limited to (**one repetition maximum bench** **press, 60-second sit-up test, sit & reach flexibility test, maximum repetition pull-up test, 1.5 mile run, and 200 yard suspect pursuit** ) have the potential to put significant stress on the cardiovascular and musculoskeletal systems of participants.

Signature of Agency Supervisor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Print* name and address of Agency Supervisor \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Fax Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Mail or e-mail your registration to:**

**Dr. David Bever Phone: (703) 424-6154**

**LAWFIT email:** **dbever@lawfit.org**

**3408 Park Hill Place www.lawfit.org**

**Fairfax, VA 22030-2027**