**2014 Eastern LawFit Challenge**

**Total Score Men**

**Gold:** James Murphy: Roanoke City, VA Sheriff’s Office **377**

**Silver:** Scott Bisci: Lopatcong, NJ Police Dept. **375**

**Bronze:**  Charlie Scoggins: Rankin County, MS Sheriff’s Office **370**

**Total Score Women**

**Gold:** Cassondre Wilburn: Virginia Beach, VA Police Dept. **324**

**Silver:** Elisa Rodriguez: Virginia Beach, VA Sheriff’s Office **301**

**Bronze:** Rebecca Breeden: Page County, VA Sheriff’s Office **287**

**4 Man Team**

**Gold:** Virginia Beach, VA Sheriff’s Office **1342**

Lanciaux, Heine, Bartolomeo, Culanding

**Silver:** Roanoke City, VA Sheriff’s Office **1290**

Murphy, Butts, Fueglein, Shilling

**Bronze:** Homewood, AL Police Dept. **1210**

Hampton, Zimmerman, Ricketts, Simpson

**Men’s Pairs**

**Gold:** Mississippi Highway Patrol **727**

Jackson, Tadlock

**Silver:** Roanoke City, VA Sheriff’s Office **721**

Murphy, Shilling

**Bronze:** Roanoke City, VA Police Dept. **706**

Minnix, Ford

**Mixed Pairs**

**Gold:** Virginia Beach, VA Sheriff’s Office **651**

Lanciaux, Rodriguez

**Silver:** Page County, VA Sheriff’s Office **642**

Bryant, Breeden

**Bronze:** Roanoke City, VA Police Dept. **625**

Ford, Volk

**Individual Event Winners**

**Bench Press Men**

**Gold:** James Murphy, Roanoke City, VA Sheriff’s Office---**212% of Body Weight**

**BP: 390 lbs. at a Body Weight of 184 pounds**

**Silver:** Charlie Scoggins, Rankin County, MS Sheriff’s Office---**208% of Body Weight**

**BP: 355 lbs. at a Body Weight of 171 pounds**

**Bronze:** Scott Moeller, Greenwich Twp. NJ Police Dept.---**191% of Body Weight**

**BP: 310 lbs. at a Body Weight of 162 pounds**

**Special Recognition Award: 500 Pound Bench Press**

Demetrius Taylor, Virginia Beach, VA Sheriff’s Office

**BP: 500 lbs. at a Body Weight of 281 pounds---178% of Body Weight**

**Bench Press Women**

**Gold:** Cassondre Wilburn, Virginia Beach, VA Police Dept.---**119% of Body Weight**

**BP: 185 lbs. at a Body Weight of 155pounds**

**Silver:** Rebecca Breeden, Page County, VA Sheriff’s Office---**114% of Body Weight**

**BP: 140 lbs. at a Body Weight of 123 pounds**

**Bronze:** Elisa Rodriguez, Virginia Beach, VA Sheriff’s Office---**99% of Body Weight**

**BP: 115 lbs. at a Body Weight of 116 pounds**

**One Minute Sit-Ups Men**

**Gold:** Fred Sims, Southaven, MS Police Dept. **65**

**Silver:** Casey Bryant, Page County, VA Sheriff’s Office **64**

**Bronze:** Trent Ricketts, Homewood, AL Police Dept. **61**

**One Minute Sit-Ups Women**

**Gold:** Anna Volk, Roanoke City, VA Police Dept.  **58**

**Silver:** Melissa Register, Roanoke City, VA Police Dept. **56**

**Bronze:** Patricia Peters, Virginia Beach, VA Sheriff’s Office **53\***

Erika Mullen, Old Dominion University Police Dept. **53\***

**Sit & Reach Men**

**Gold:** Jarod Simpson, Homewood, AL Police Dept. **49 cm.**

**Silver:** Dale Drewry, Fairfax County, VA Police Dept. **45 cm.**

**Bronze:** Scott Bisci, Lopatcong, NJ Police Dept. **44 cm.**

**Sit & Reach Women**

**Gold:** Patricia Peters, Virginia Beach, VA Sheriff’s Office **45 cm.**

**Silver:** Elisa Rodriguez, Virginia Beach, VA Sheriff’s Office **43 cm.\***

**Bronze:** Kelly Chamberlain, Virginia Commonwealth Univ. PD **43 cm.\***

**Pull-ups Men**

**Gold:** James Murphy, Roanoke City, VA Sheriff’s Office **36\***

**Silver:** Dale Drewry, Fairfax County, VA Police Dept. **36\***

**Bronze:** Sedrick Jackson, Mississippi Highway Patrol **36\***

**Pull-ups Women**

**Gold:** Cassondre Wilburn, Virginia Beach, VA Police Dept. **16\***

**Silver:** Elisa Rodriguez, Virginia Beach, VA Sheriff’s Office **16\***

**Bronze:** Rebecca Breeden, Page County, VA Sheriff’s Office **14**

**1.5 Mile Run Men**

**Gold:** Casey Bryant, Page County, VA Sheriff’s Office **8:18.40**

**Silver:** Dale Drewry, Fairfax County, VA Police Dept. **9:16.10**

**Bronze:** Philip Kada, American Univ. Police Dept. **9:27.80**

**1.5 Mile Run Women**

**Gold:** Anna Volk, Roanoke City, VA Police Dept. **10:18.70**

**Silver:** Rebecca Breeden, Page County, VA Sheriff’s Office **10:59.10**

**Bronze:** Elisa Rodriguez, Virginia Beach, VA Sheriff’s Office **11:00.10**

**200 Yard Suspect Pursuit Men**

**Gold:** James Murphy, Roanoke City, VA Sheriff’s Office **01:04.48**

**Silver:** Raine Heine, Virginia Beach, VA Sheriff’s Office **01:07.28**

**Bronze:** Philip Kada, American Univ. Police Dept. **01:10.31**

**200 Yard Suspect Pursuit Women**

**Gold:** Elisa Rodriguez, Virginia Beach, VA Sheriff’s Office **01:19.37**

**Silver:** Rebecca Breeden, Page County, VA Sheriff’s Office **01:32.28**

**Bronze:** Cassondre Wilburn, Virginia Beach, VA Police Dept. **01:32.91**

**\* In the case of tied event scores placing was based on**

**Competitor Total Fitness Score.**